



## G-tube FAQ Sheet

### What is a g-tube pad?

A G-tube, or a PEG, is a feeding tube that is inserted straight into the stomach to assist those who need some extra help. In some cases, a wrap around pad is used to absorb any leakage and to protect sensitive skin in the area. To meet these requirements, there is a certain order of fabric stacking, as explained below.



(Image 1 source: <http://www.livingwithgp.com>)

### Who uses the pads?

When requested, pads are sent to hospitals and provided to individuals all over Australia.

### How can I request pads for personal use or on behalf of an organisation I work with?

Contact SFCA directly via facebook (search @sewingforcharityau) or email [admin@sewingforcharity.com](mailto:admin@sewingforcharity.com). Please include age, gender (optional), and mailing address when contacting us.

Pads are packed in sets of 5 and are available in two sizes - small (0-2 years) and large (2+ years). You can request multiple sets.

### How can I make them?

G-tube pads are made on an embroidery machine.

We make them in two sizes, the larger size is the most requested.

The files are available from the Sewing for Charity Australia website. You must be registered and logged in to the forums (access via [forums.sewingforcharity.com](http://forums.sewingforcharity.com)) to be able to view and download.

### **What materials can I use?**

The bottom layer MUST be bamboo fleece or bamboo towelling. Bamboo is anti-bacterial, anti-microbial and hypoallergenic. It is also very absorbent, and soft on irritated skin.

The middle layer is flannelette, and the top can be a cotton or flannelette. We get most requests for bright and colourful pads for children, but there is also demand for male and female teens and adults as well. These are a great scrap buster!

### **Where can I buy bamboo?**

Whilst we have no affiliation with a particular provider, volunteers have previously purchased bamboo from Snaps Australia ([snapsaustralia.com.au/](http://snapsaustralia.com.au/)) and Bamboo Fabric Store ([bamboofabricstore.com.au/](http://bamboofabricstore.com.au/))

If you would like to recommend a store or have a bargain offer for our volunteers, please feel free to email us!

1 meter of 150cm bamboo may make approximately 250-300ish pads, so it will last a while! Please avoid options such as bamboo bedsheets, mattress protectors or wadding.

### **Which stabiliser do I use on the embroidery machine?**

There are several options for stabilisers. If you follow the pdf included in the file download, the tearaway will end up in the middle of the pad. Some people use soluble, so that it dissolves. Others use tearaway and put all layers of material on top of the stabiliser, so that it can be pulled off the bottom when finished. Any of these methods is ok, so it's personal preference.

### **Can you put the snaps on for me?**

Sure can! This can be done at The Sewing Lair.

### **Can I donate my scraps to be used for these?**

Absolutely! Any scraps over 4" square can be used for these. We have most demand for children's prints, but also for male and female teens and adults. All bright and colourful cotton or flannelette is suitable for the top layer but please no synthetics.

### **Where do I send scraps or finished pads?**

The Lair - 38 Bladensburg Drive, Waterford, QLD 4113. Please put scraps in a bag and mark them for g-tubes.