

SOAKER CIRCLES

LEARN TO SEW LAYERS

A LEARNING pattern for beginner sewers



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The SOAKER CIRCLES pattern

Learn to sew Layers!

This pattern has been designed to teach a sewing skill.

The instructions are more detailed than a traditional pattern to better guide you through sewing your first layered project.

There are two sizes and two construction methods included.

About the design

Plain Circles: breast pads, wound care pads.

G Circles: Drain tube covers for medical use.

2 sizes are included for a variety of uses.

Use a medium length stitch (3-3.5) for topstitching.

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FABRIC

TYPE

For the Soaker Circles, different absorbent fabrics are used for each layer. Choose a top layer fabric, a middle layer fabric and a bottom layer fabric from the table above in any combination of the 3.

FABRICS	
TOP LAYER	Cotton, Flannelette, Jersey
MIDDLE LAYER(S)	Flannelette, Terry Towelling
BOTTOM LAYER	PUL, Bamboo Fleece

QUANTITY

As this is a small project, it is great for using up small off-cuts or scraps of fabrics left over from other projects.

A meter of cotton + a meter of flannel + a meter of PUL (100x110cm) can make 110 SMALL sized Soaker Circles.

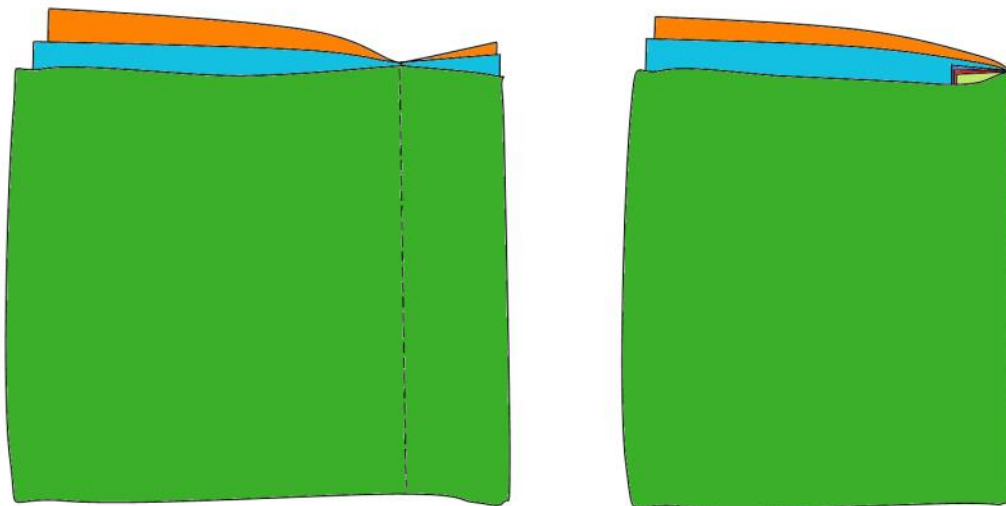
Layers

Sewing through multiple layers at once can be little more tricky than sewing just 2 fabrics together.

Using lots of pins or clips can help to hold all of the layers in place as you sew. Ensuring there is not too much bulk created by seams is also important.

Structure

Layers can be used for many different reasons, to add hidden pockets, add absorbency or padding, create tiers or layered features.



When to use them

Layers are best used with lighter fabrics as bulky fabrics can be difficult to sew, turn and topstitch.

SEWING INSTRUCTIONS

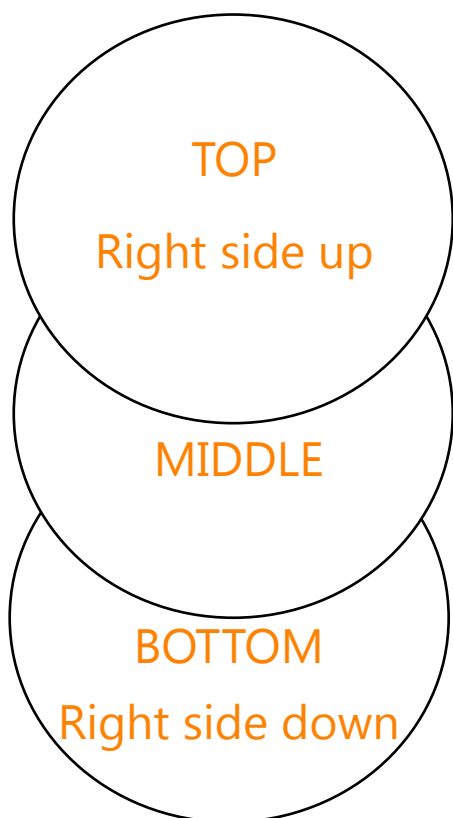
STEP 1 : Your first multi-layer sew!

For this pattern we will include 2 possible ways to sew a soaker circle. A standard circle and a G circle.

Layering

Standard Circle

Place the cut fabrics in the order shown below. Pin.

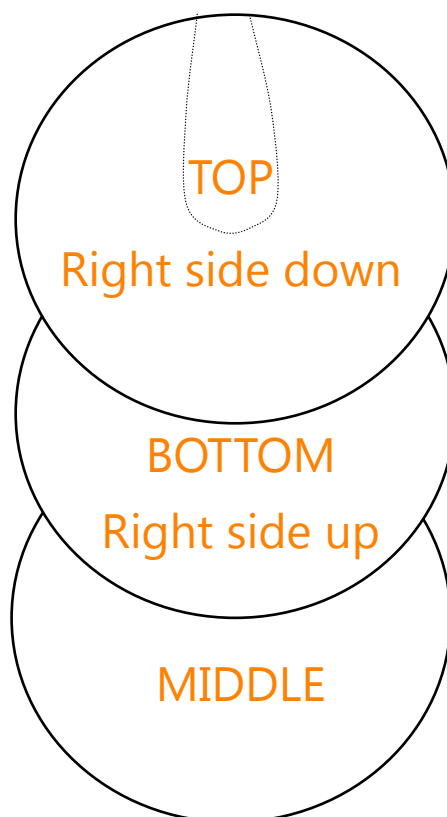


Skip to step 4.

G Circle

Trace the inner curve onto the back of the TOP circle layer fabric first.

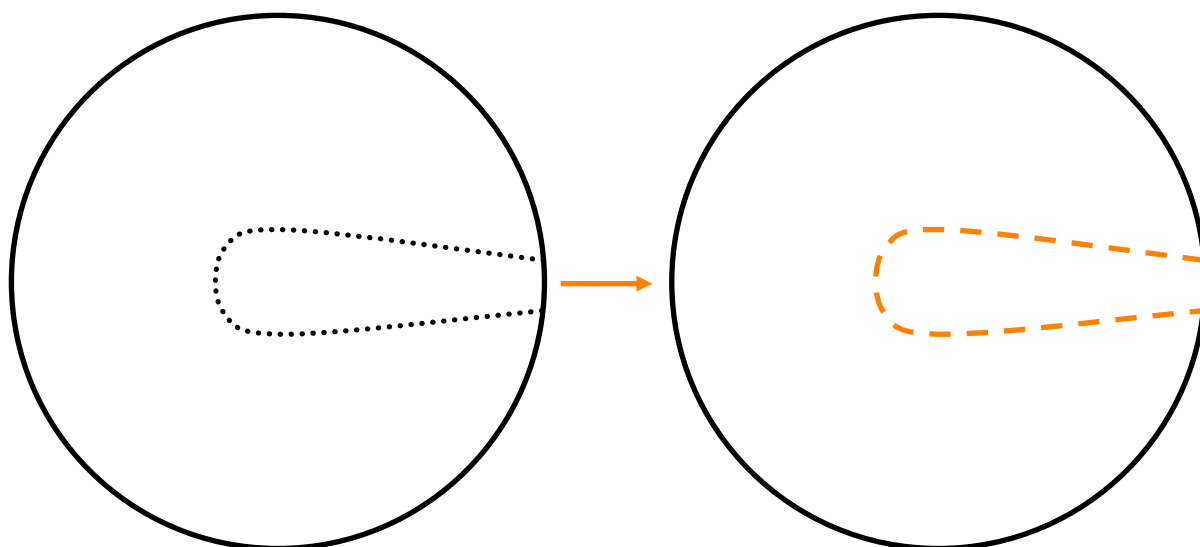
Then place the cut circles in the order shown below. Pin.



One or two layers of the middle fabric can be used on either.

STEP 2: (G Circle Only)

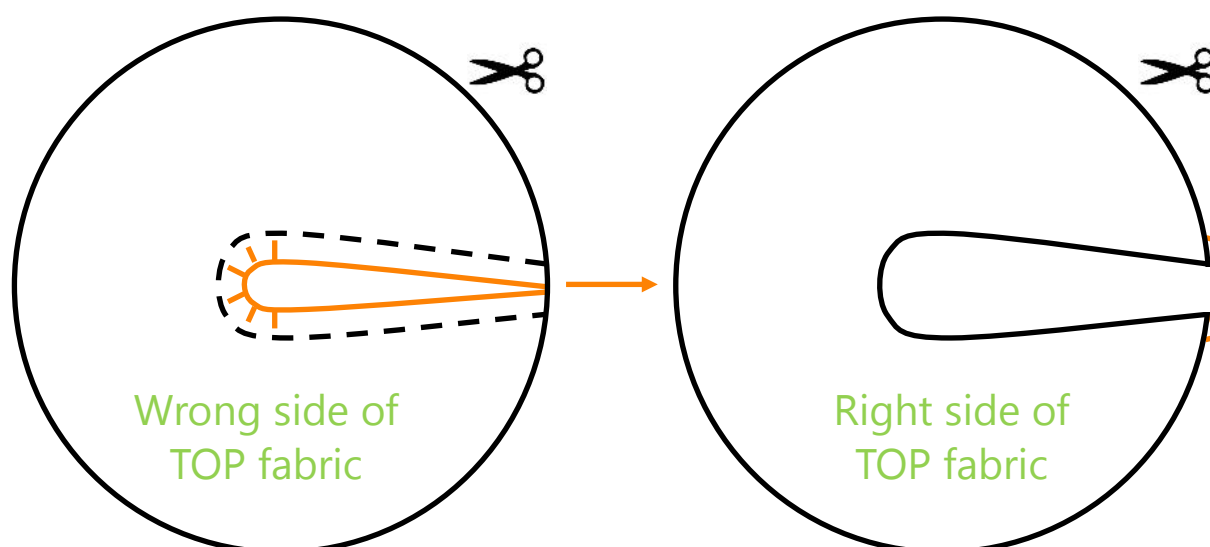
Sew along the traced line.



STEP 3: (G Circle Only)

Trim away the fabric on the inside of the sewn area 4mm from the stitching. Then snip into the curve being careful not to cut the stitching.

Flip the TOP fabric to be on the other side of the MIDDLE fabric.



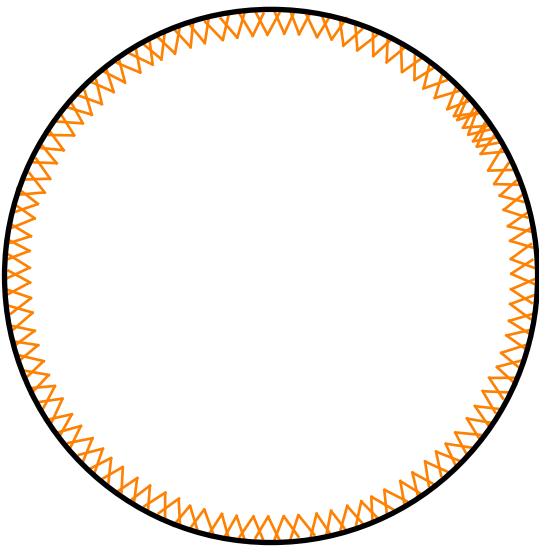
Trim off corner tips and check all edges meet neatly. Press.

STEP 4:

Overlock or zig zag stitch around the outer edge.

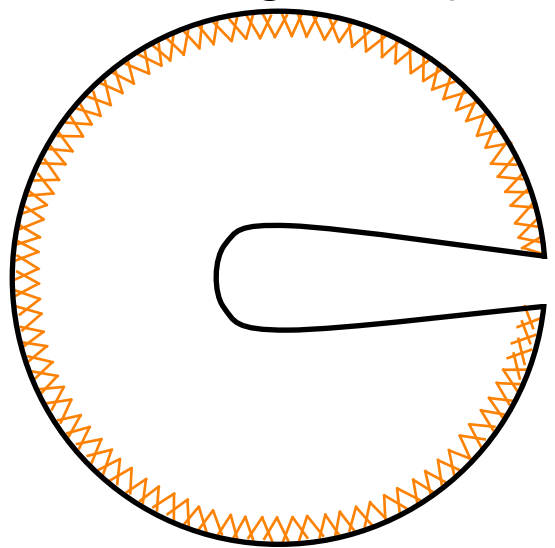
Standard Circle

Sew from your starting point, around the entire outer edge, stopping a little past where you began. Finished!



G Circle

Sew from one point around to the other. If overlocking, leave thread tails. If using a sewing machine, leave under the foot and go to step 5.

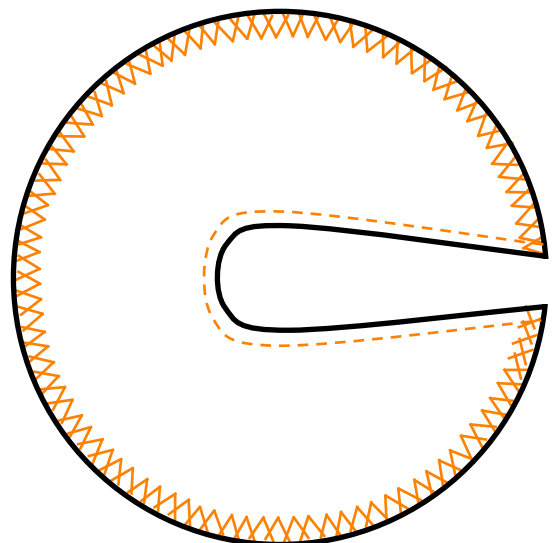


STEP 5: (G Circle Only)

Topstitch around the inner curve.

Overlocked: twist the thread tails and sew over them as you topstitch.

Zig zagged: at the end of your zig zagged stitching, switch to a straight stitch and continue sewing around the inner curve back to where you began.

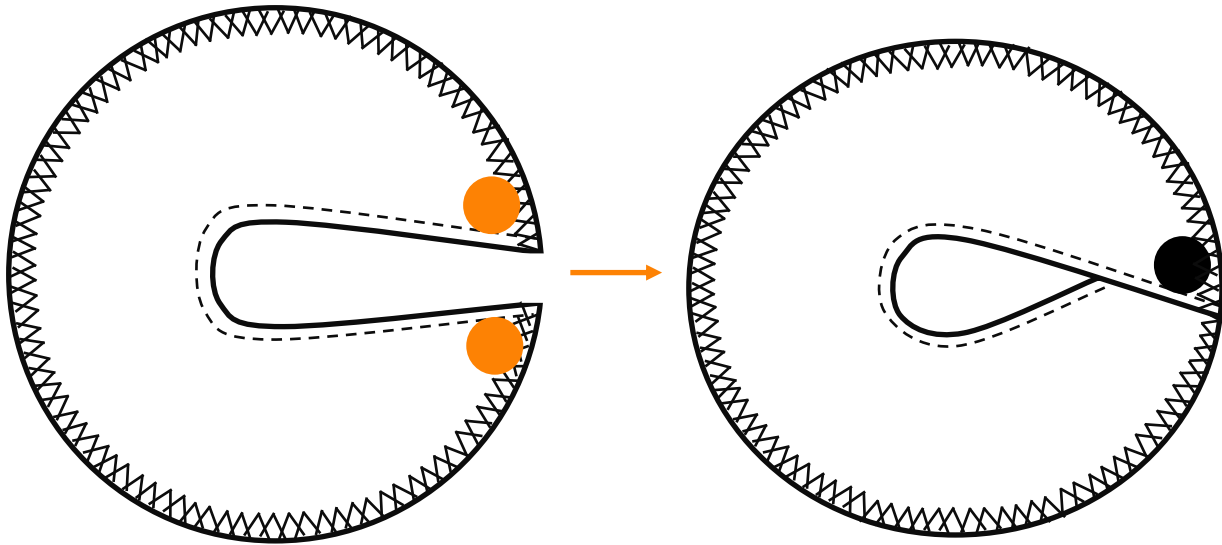


STEP 5: (G Circle Only)

Place a press stud in each of the points.

Stud up on one side, socket down on the opposite side.

Overlap and press together.



Congratulations! Your Soaker Circle is finished!

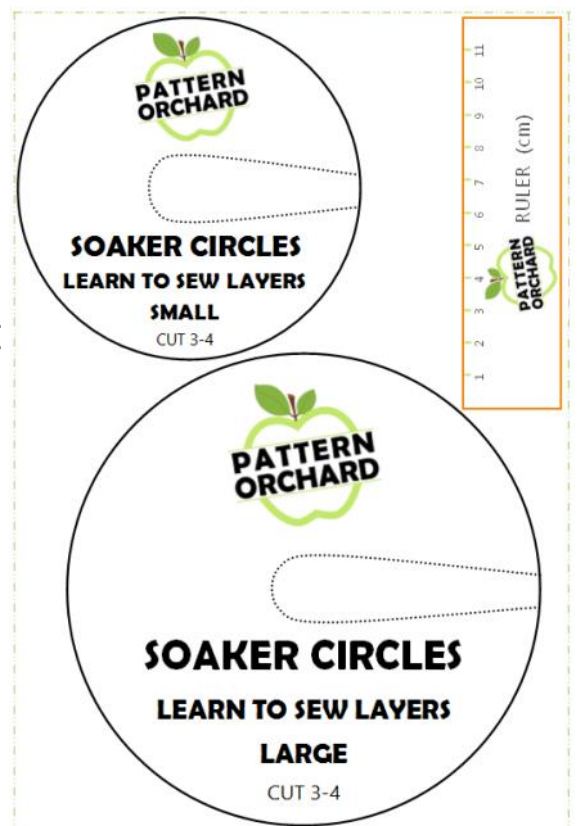
Printing

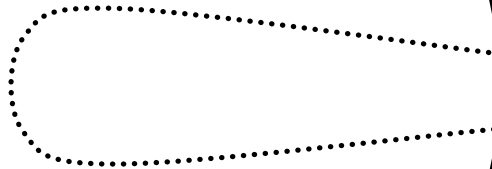
Print only page 10. Using a metric ruler, check that the printed ruler picture on page 10 accurately measures 12cm.

If this is not accurate to within 1mm, your page has not printed to scale and you will need to troubleshoot the issue with your printer. Find out more about printing to scale on the Pattern Orchard website at www.patternorchard.com

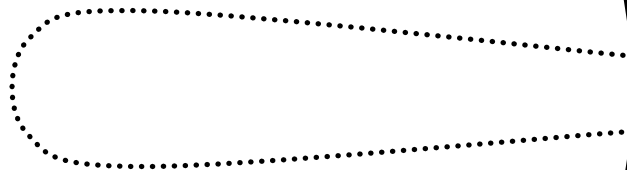
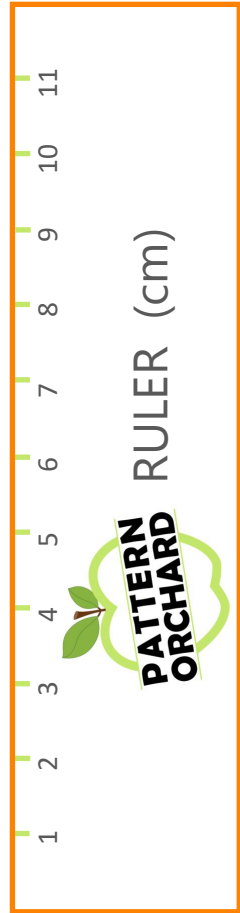
Cut along solid black lines only.

If a piece gets damaged, you can print again.





SOAKER CIRCLES
LEARN TO SEW LAYERS
SMALL
CUT 3-4



SOAKER CIRCLES
LEARN TO SEW LAYERS
LARGE
CUT 3-4