

Boys' NICU Outfit

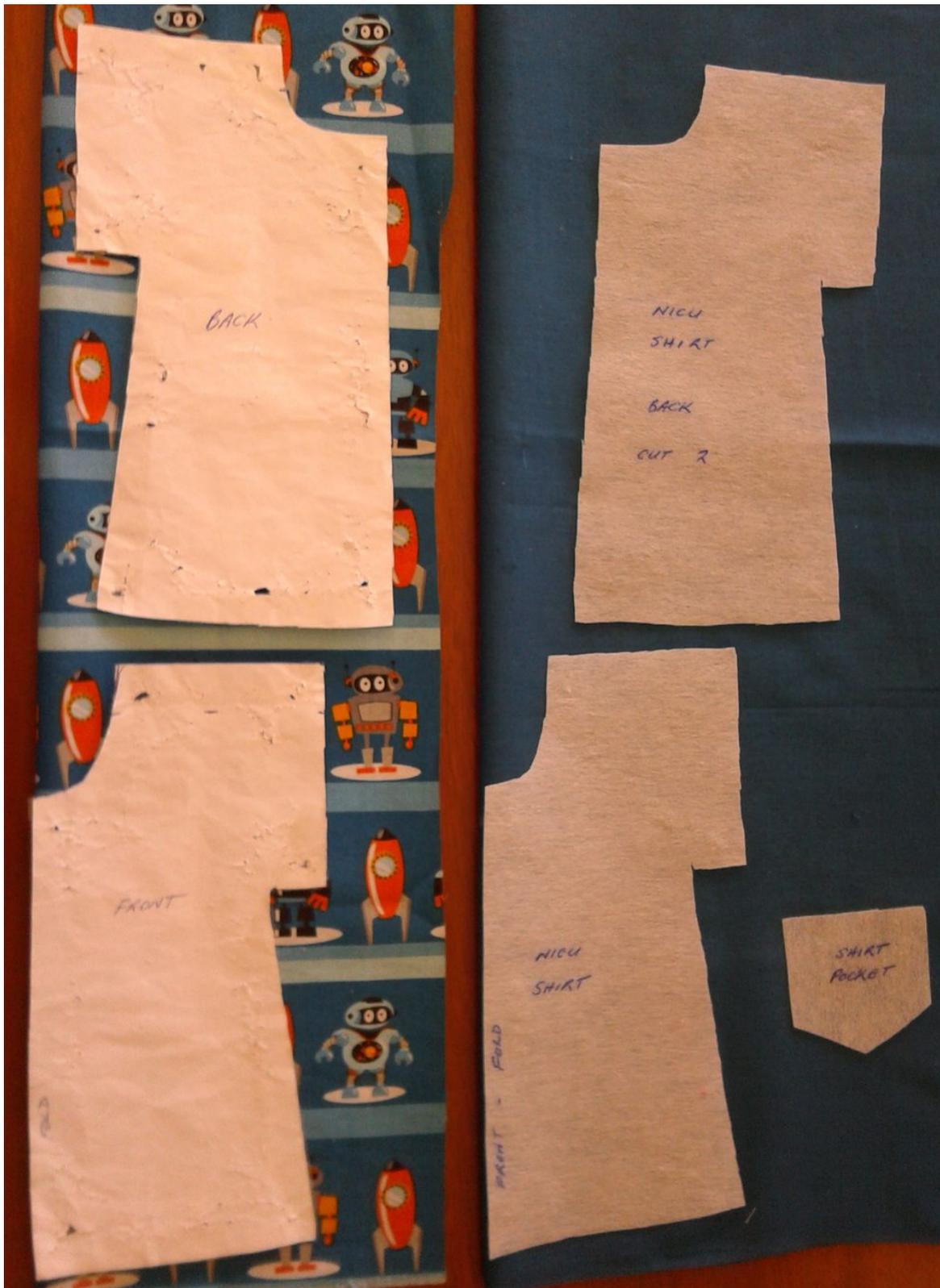
Material should be light weight cotton and pre-washed. Depending on the materials pattern and your placement, you will need approx 22cm x 45cm of each lining and outer fabric for the 1.2kg outfits (i.e. a 'fat quarter' of each lining and outer fabrics should make two outfits) and a slightly larger piece for the 1.6kg size.

The pattern is designed to be printed at 100% scale on an A4 piece of paper. There is a small square which should measure 1cm x 1cm when printed to ensure the pattern is the correct size (9.5mm - 10.5mm is acceptable).

Step 1

Cut 7 pieces in total as indicated on the pattern. 1 x front in outer material, 1 x front in lining material, 2 x back pieces in outer materials, 2 x back pieces in lining material, 1 x pocket in contrast material (lining or other).

The front patterns are cut along a fold then unfolded to create 1 larger piece (i.e. there is no seam on the front of the outfit). The back patterns are placed away from the folded edge to create the 2 individual back pieces.



Step 2

Sew the pocket (cut from lining or other material contrasting to the outer fabric) on to the front outer piece.



Step 3

Sew the two back pieces of outer fabric to either side of the front piece of outer fabric. Then repeat this step for the lining fabrics. The 6mm seam allowance is inclusive in the pattern.



Step 4

Sew the lining and the outer fabrics together with the correct (end product presentation) sides together (i.e. the reverse sides of the fabric should be facing outwards); the pattern is *inclusive* of a 6mm seam allowance. Ensure an opening is left for turning the garment inside out.



Step 5

Turn the sewn together outfit inside out to reveal the correct outer side of the final product.



Step 6

Hand sew the gap that was left for turning the outfit inside out - you're done!!

Tiny Sparks WA will attach the press-studs and package the dress ready for distribution to a NICU family. If you have the appropriate equipment to attach studs and sockets (they are not sewn but attached by a pressing machine), please click [here](#) for more details on stud type and placement.

