

Pattern

Hospital Gown

Sizes

- Small
- Medium
- Large

Fabric

All materials used should be easily machine washed and dried. 100% cotton and cotton/poly blends are good fabric choices. Avoid fabrics that need a delicate wash cycle or cold water washing.

If a fabric appeals to you and you would dress your baby in it, then it's likely someone else would like it too. We simply ask you to be mindful of the intended recipient, check the fabric design carefully and ask yourself is it suitable for a little baby. Check the design content carefully; large patterns or those with wording don't often work well on tiny items.

As the lining can be seen when worn and they tops are also reversible, you can go with a block plain colour fabric for the lining or choose a complimentary print.

Construction

1. Begin by printing the pattern provided. The PDF contains two pages each for small, medium and large sizes. Decide which size you would like to make and cut out the pattern pieces.
2. Fold fabric in half, with selvedges together.
3. Place pattern pieces on main fabric and cut out on solid line.
4. Repeat for lining fabric, giving you 6 pieces in total.
5. With right sides together pin and sew side seams on both main and lining fabrics. DO NOT sew the shoulder seams.
6. Iron the seams flat.

7. With right sides together place the main and lining fabrics together and pin.
8. Starting from the notch at the hem in the front, sew around the gown until you reach the other notch. Do not forget to leave a gap for turning the top inside out.
9. You will now have a dress with a gap in the hem at the bottom and it will be inside out.
10. Cut the corners away, being careful not to cut the stitching. Trimming will reduce the bulk making it easier to turn the gown inside out.
11. Clip the curves of the armholes and neck hole. This allows the fabric to curve more easily once you turn it to the right side. Clip near the stitching line but not into it.
12. Carefully turn garment inside out through the hole in the bottom. Sometimes using a chopstick or blunt knitting needle helps to turn out the shoulder straps.
13. Press and iron to make sure it looks like your original pattern, checking to make sure everything is turned through correctly and that the lower edge seam is sitting straight. If the armholes and neckline don't look smooth you might need to clip more or slightly deeper.
14. Edge stitch all the way around the gown being sure you catch the bottom hem and close it properly.
15. Sew on 3 press studs or snaps, on one each shoulder and one at the neck at the back, as indicated on pattern.

Hospital Gown Large

Place on fold

Hospital Gown
FRONT
Size large
Place on folded fabric
Cut 1 main fabric
Cut 1 lining



**Leave open to
turn inside out**

Hospital Gown Medium

Place on fold

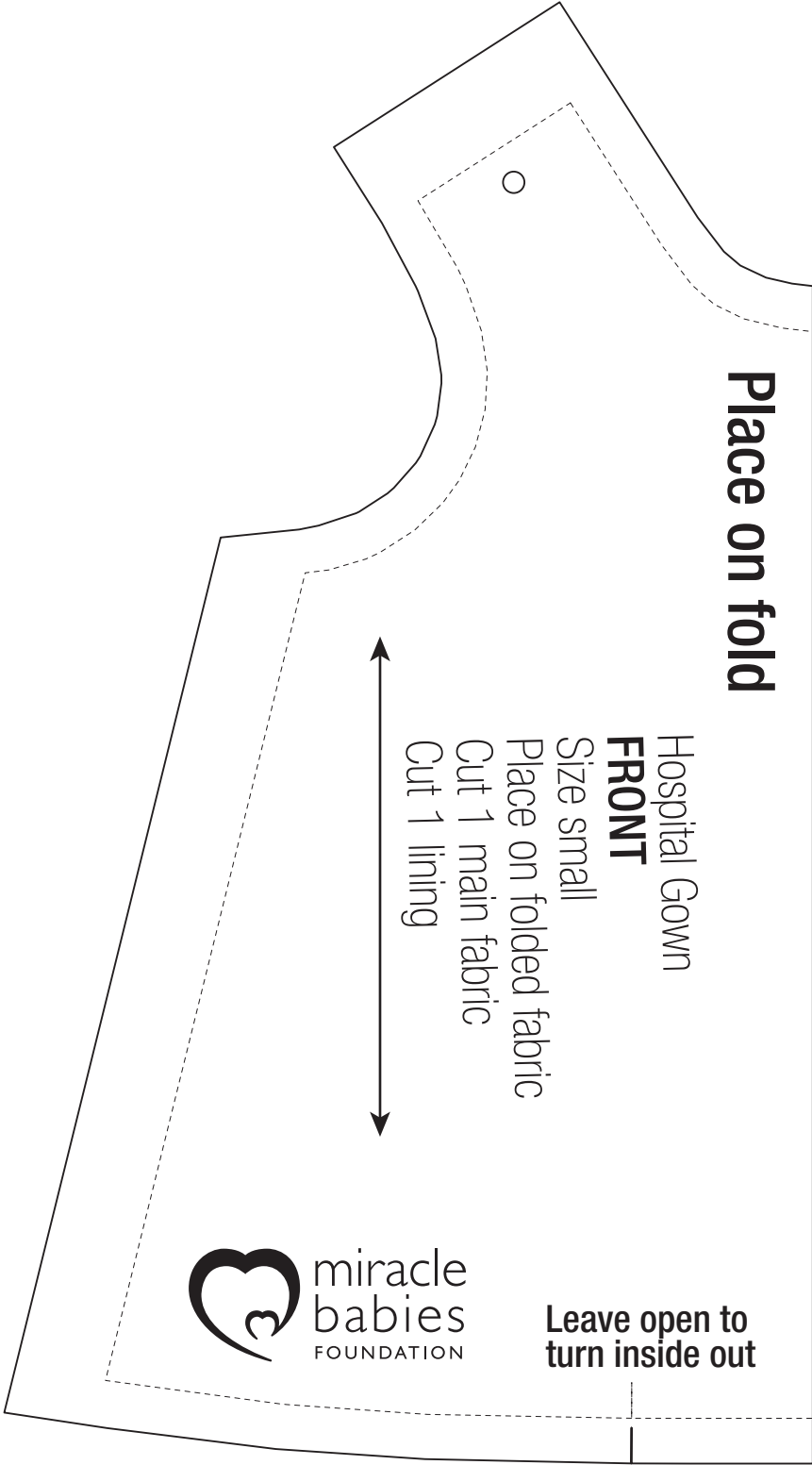
Hospital Gown
FRONT

Size medium
Place on folded fabric
Cut 1 main fabric
Cut 1 lining



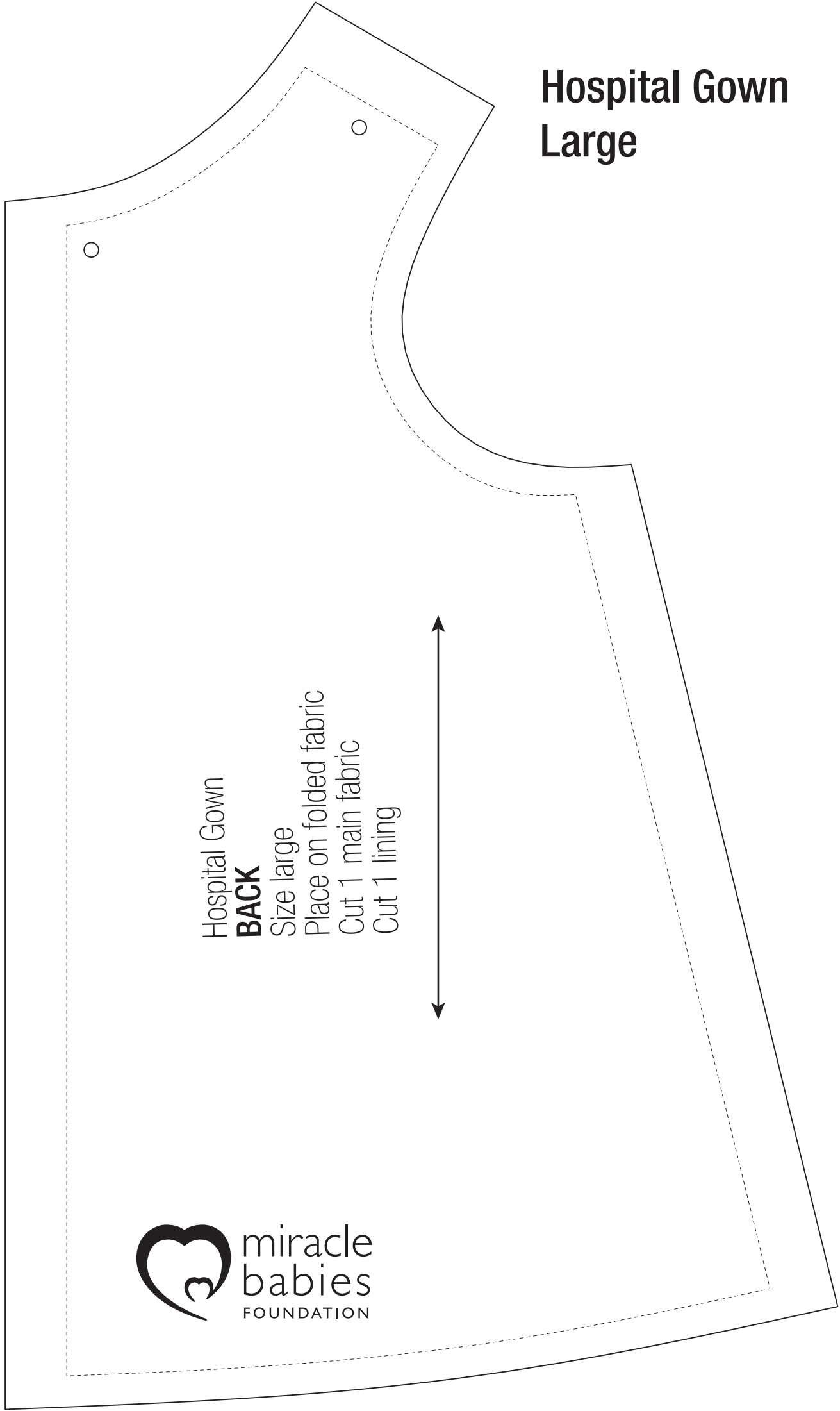
**Leave open to
turn inside out**

Hospital Gown Small

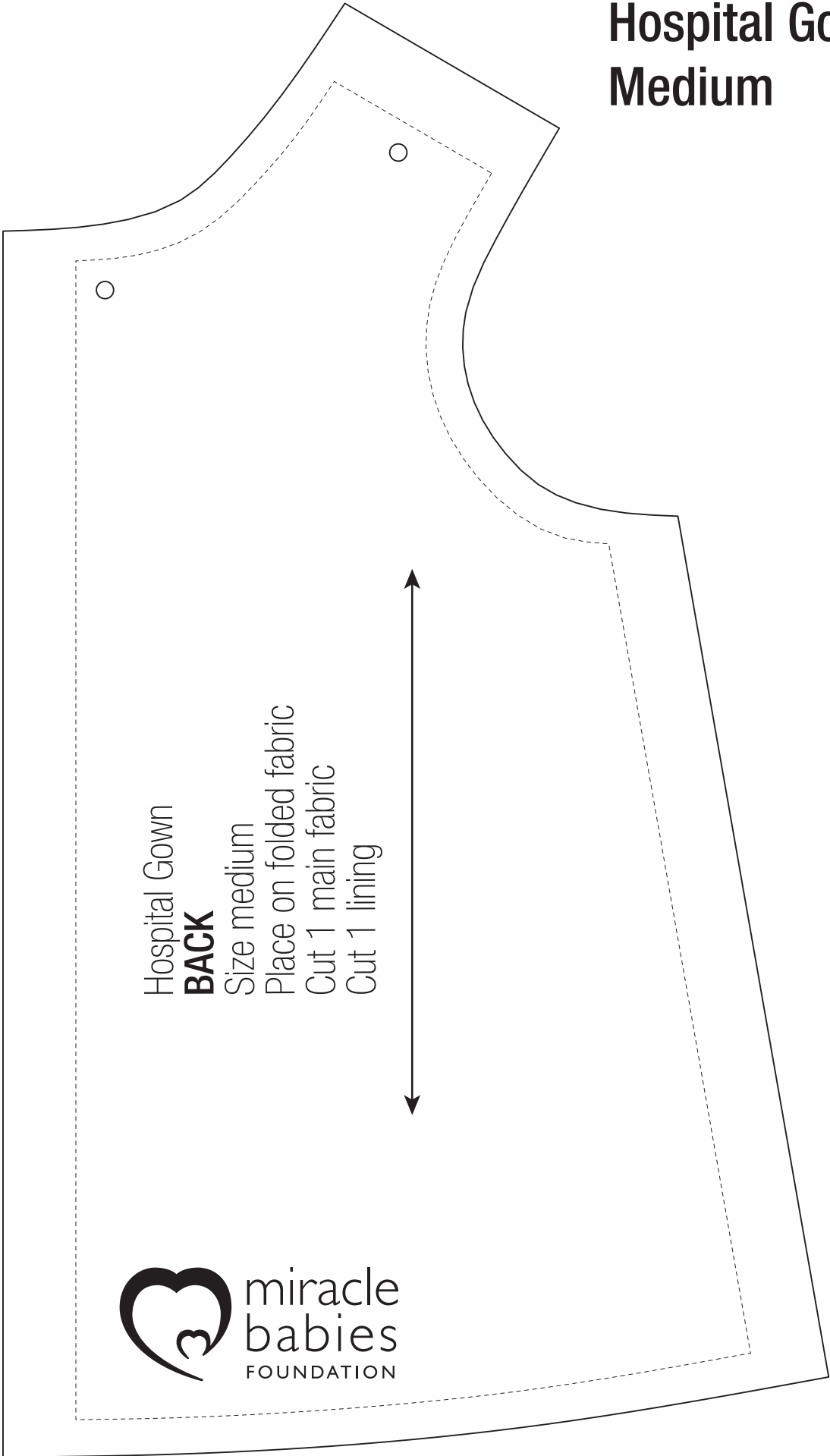


Hospital Gown Large

Hospital Gown
BACK
Size large
Place on folded fabric
Cut 1 main fabric
Cut 1 lining



Hospital Gown Medium



Hospital Gown
BACK
Size medium
Place on folded fabric
Cut 1 main fabric
Cut 1 lining



Hospital Gown Small

