Starting 01 April 2019, through to 30 April 2019, Sewing for Charity Australia’s main project will be sewing and knitting/ crocheting beanies, scarves, fingerless gloves, PJ's and tracksuits. Additionally, we are collecting toiletries, socks and hygiene items.

The organisations we are supporting are detailed below. In addition we are also helping a small school in country NSW whom will remain anonymous to protect the dignity of the students and families.

Who are we supporting this project?

The charity and community partners we’re focusing on this project is:

**Wayside Chapel**

Wayside Chapel has provided unconditional love, care and support for people on and around the streets of Kings Cross since 1964. Each year, thousands of people visit Wayside's two centres in Kings Cross and Bondi for assistance in gaining equitable access to essential health, welfare and related services. Wayside Chapel is well known for its Community Services Centres, dedicated Aboriginal Space and Day to Day Living Programs.

For more information please visit:
- [Wayside Chapel Facebook page](#)
- [Wayside Chapel Website](#)

**Launceston feeding the homeless**

Launceston feeding the homeless is set up to provide a meal every night and lunches for the next day and provide food parcels for people in need.
Nightlight

Nightlight Outreach Inc aims to provide a vital ministry of compassion and caring in the area of homelessness, which is solidly based on a Christian foundation, to the whole community but especially to those who are less fortunate regardless of reason, age, gender, ethnicity or religion.

Mummies Paying it Forward

Mummies Paying it Forward is a volunteer run charity organisation that provides everyday essentials to those most in need. Our team of dedicated volunteers collect, sort and distribute donations of new and pre-loved everyday essentials to disadvantaged men, women and children throughout New South Wales. We strive to help address the impact poverty, homelessness, domestic violence, neglect and other significant issues have on the most vulnerable within our society.

What exactly are we sewing and knitting/ crocheting?

Beanies
Scarfes
Fingerless Gloves
PJ’s (Sets are fabulous, but Just the pants are also fine - long sleeve tees are available cheaply at kmart/big w etc)
Tracksuit pants and tops

Details

Where a link to a tutorial or further information is provided, please read all linked information before proceeding - the table provides a summary only for those items.

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Item</th>
<th>Fabric &amp; Notions</th>
<th>Size</th>
<th>Link to details / pattern / tutorial</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wayside Chapel</td>
<td>Beanies</td>
<td>Soft stretch fabrics/ Fleece Knitted/ Crochet</td>
<td>Adult men and women</td>
<td>You can use any pattern, there are many available online</td>
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<tr>
<td>LFTH</td>
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<tr>
<td>Nightlight</td>
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<tr>
<td>Organization</td>
<td>Item Type</td>
<td>Fabric/Design Details</td>
<td>Size/Quantity</td>
<td>Notes</td>
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</tr>
<tr>
<td>Wayside Chapel LFTH Nightlight</td>
<td>Scarves</td>
<td>Soft stretch fabrics/ fleece Knitted/ crochet DARK COLOURS preferred</td>
<td>Approx 6” wide and 70-80” long</td>
<td>Can be overlocked in co-ordinating thread or hemmed</td>
</tr>
<tr>
<td>Wayside Chapel LFTH Nightlight</td>
<td>Fingerless Gloves/ Handwarmers</td>
<td>Fleece or similar DARK COLOURS ONLY (Black/Navy preferred)</td>
<td>Adult men and women</td>
<td>There are many patterns available online</td>
</tr>
</tbody>
</table>
| Country NSW School          | Beanies         | MAROON only (Needs to be school colour)    | 10 x kindy 14 x yr 10 x yr 2 15 x yr3 14 x yr 4 15 x yr 5 16 x yr 6 18 x yr 7 10 x yr 8 6 x Adult | K\text{nit Pattern}  
Crochet Pattern |
| Mummies Paying it Forward   | P\text{j}s      | Any suitable P\text{j} fabric is fine      | All children’s sizes accepted however size 8+ is most needed | There are many patterns available online. You can make an entire set or make pants and purchase top - all is appreciated |

**What other items are we collecting?**

- Gently used/ pre loved children’s pj’s
- Gently used/ pre loved adult tracksuit pants and tops
- Kids socks (NEW)
- Adult warm socks (NEW)
- Toiletries (see a suggested list below)

**How many?**
How else can I help?

Unable to sew for this project but still want to contribute? Here are a few other ways you can help:

A. Are you local to The Lair?
   - We need many hands to sort and pack the made items throughout the project. Come to a regular Friday Community Collaboration Day, or, let us know when you’re free to help.

B. Do you have a good eye for a bargain (or, just enjoy shopping!)?
   - We need packaging supplies - clear self sealing cello bags Size A4 and A5 (ish)
   - Toiletry items for emergency care packs are appreciated
     - Deodorant (roll on only)
     - Toothpaste
     - Toothbrushes
     - Facewashers
     - Soap
     - Mini/ travel size shampoo/ conditioner
     - Razors
     - Hair combs

Important dates

Items need to arrive at the lair no later than **5 May 2019**. This will allow them to be sorted, packaged and sent out to our charity partners by early May 2017.

Where do I send things?

Send any finished items or donated materials to “The Lair“:

38 Bladensburg Dr
Waterford QLD 4133

FAQs

II. What items do we need the most?
   A. All! There is a huge need in communities for basic necessities and warm items

III. Do I need to pre-wash my fabric?
   A. Yes please! Fabric should be pre-washed hot OR washed cold and dried in a clothes dryer on hot. This serves several purposes - removal of residual dye that may run / bleed;
removal of factory chemicals / residues from the fabric manufacturing process; shrinking of fabric (if it is inclined to do so). This process needs to occur BEFORE cutting.

IV. I need fabric for this project. Can this be sent to me?
   A. Yes! We can usually send you fabric from donations at the lair. If possible, please consider covering postage. Contact Admin to arrange.

V. What courier service should I use to send in items?
   A. Use whichever courier or postal service you would like. As a guide, our volunteers have found the below services to be of good value:
      ● For a small number of items (up to 5kg) - Australia post satchel
      ● For larger, heavier items (>5kg) - Sendle courier service

VI. I made a mistake! Should I bother finishing / sending the item in?
   A. Yes! Many charity groups use items of all sizes throughout the year. Even if the specific charities this month are unable to use it, be assured every item can find a grateful home.

VII. I need some hands on guidance - can someone show me how to make one?
   A. Probably! Have a chat and we may be able to find another sewing volunteer locally you can collaborate with. Youtube also has some great tutorials - and we love questions, so don’t hesitate to ask!

Still have questions?

Talk to us! We’d love to say hi :)

- Email: volunteer@sewingforcharity.com
- Post on our Facebook page or send a private message (PM).
- Call Cass on 0498 213 410