



# Project - Sept/ Oct 2019

**Go date:** 02 September 2019

Starting 02 September 2019, through to 31 October 2019, Sewing for Charity Australia's main project will be sewing and knitting/ crocheting clothing, bedding and toys for preemie babies.

## Who are we supporting this project?

The charity and community partners we are focusing on this project are:

### **Life's Little Treasures Foundation**

*Australia's foremost charity dedicated to providing support, friendship and information, specifically tailored for families of premature or sick babies.*

*The Foundation's services are available in hospitals (neonatal and special care units) and in the community when families come home*

*It was founded in 2005 by parents, all of whom had a sick or premature baby. They realised how important it was for families to have access to information and a community they could identify with and feel apart of. Someone who understood the challenges that they faced.*

*Having a child that is sick or premature can be a very traumatic rollercoaster ride and the Foundation strives to give families the support and assistance they need.*

[Facebook](#)

[Instagram](#)

[Website](#)

In addition to supporting LLTF we will also be working with other organisations/ NICU/ SCN to fulfill requests.

## What exactly are we making?

Gowns, blankets, shirts, bears...the list is (almost) endless!

## I knit or crochet - how can I help?

There are so many opportunities for our yarn ladies (and men!) in this project! Please see group files for some patterns or use your own favourite.

### Details

Where a link to a tutorial or further information is provided, please read all linked information before proceeding - the table provides a summary only for those items.

Organisation	Item	Fabric/ Yarn & Notions	Size	Link to details / pattern / tutorial
LLTF	Scent/ Cuddle Hearts	See Pattern	See Pattern	<a href="#">Pattern</a> Please note: Purple Hearts are requested as well as all other baby appropriate colours/ prints.  The purple hearts can include other colours, they just need to be primarily purple :)
LLTF	Knitted Blanket	See Pattern	See Pattern	<a href="#">Pattern</a>
LLTF	Corner to Corner Blanket	See Pattern	See Pattern	<a href="#">Pattern</a>
LLTF	Sewn Blanket	Cotton/ Cotton Blend/ Flannelette	75cm x 55cm	<a href="#">Tutorial</a> <b>Please note:</b> This tutorial is a guide only, it is to show you how to make a simple prem blanket. Please follow guidelines for sizing

				and fabric in this document, NOT the tutorial (Clear as mud?)
LLTF	Knitted Elf Hat	See Pattern		<a href="#">Pattern</a>
LLTF	Knitted Cardigan	See Pattern		<a href="#">Pattern</a>
All	Pookie Pillow	See Pattern		<a href="#">Pattern</a>
All	Peanut Pillow	See Pattern		<a href="#">Pattern</a> <a href="#">Tutorial</a>
LLTF	Gown	See Pattern		<a href="#">Pattern</a>
LLTF	NICU Shirt	See Pattern		<a href="#">Pattern</a> <a href="#">Tutorial</a>
ALL	Nappy Cover	See Pattern		<a href="#">Pattern</a>
ALL	Isolette Cover	See Pattern		<a href="#">Pattern</a>

## How many?

- Unlimited - as many as we can make!

The most requested items currently are gowns/ shirts, hearts and blankets (both knitted and sewn)

LLTF have requested no beanies as they already have a great supply from our previous donations

## How else can I help?

Unable to sew/ knit/ crochet for this project but still want to contribute? Here are a few other ways you can help:

### A. Are you local to The Lair?

- We need many hands to sort and pack the made items throughout the project. Come to a regular Friday Community Collaboration Day, or, let us know when you're free to help.

### B. Do you have a good eye for a bargain (or, just enjoy shopping!)?

- We need packaging supplies - clear self sealing cello bags Size A4 and A5 (ish)
- Sewing thread
- Overlocking thread
- Suitable yarn
- Baby/ kids fabric - bright colours, baby themes, small print cotton or polycotton
- Plain cotton or polycotton fabric
- Flannelette

## Important dates

Items need to arrive at the lair no later than **7 October 2019**. This will allow them to be sorted, packaged and sent out to our charity partners by early October.

Please note: There is currently a huge need for gowns, hearts and blankets so if you do finish them early, please send them in :)

## Where do I send things?

Send any finished items or donated materials to "The Sewing Lair":

Cass Gell (AKA Boss Lady)

38 Bladensburg Dr

Waterford QLD 4133

## FAQs

### II. What items do we need the most?

- A. This year our biggest need is hearts, gowns and blankets

### III. Do I need to pre-wash my fabric?

- A. Yes please! Fabric should be pre-washed hot OR washed cold and dried in a clothes dryer on hot. This serves several purposes - removal of residual dye that may run / bleed; removal of factory chemicals / residues from the fabric manufacturing process; shrinking of fabric (if it is inclined to do so). This process needs to occur BEFORE cutting.

### IV. I need fabric for this project. Can this be sent to me?

- A. Yes! We can usually send you fabric from donations at the lair. If possible, please consider covering postage. Contact Admin to arrange.

## V. Where do I send completed items?

- A. Completed items should be sent to The Sewing Lair, 38 Bladensburg Dr Waterford QLD 4133

## VI. What courier service should I use to send in items?

- A. Use whichever courier or postal service you would like. As a guide, our volunteers have found the below services to be of good value:
- For a small number of items (up to 1kg) - Australia post satchel
  - For larger, heavier items (>1kg) - Sendle courier service

## VII. I made a mistake! Should I bother finishing / sending the item in?

- A. Yes! Many charity groups use items of all sizes throughout the year. Even if the specific charities this month are unable to use it, be assured every item can find a grateful home.

## VIII. I need some hands on guidance - can someone show me how to make one?

- A. Probably! Some options are below. Have a chat and we may be able to find another sewing volunteer locally you can collaborate with outside of the regular community groups!

## Still have questions?

Talk to us! We'd love to say hi :)

- Email: [volunteer@sewingforcharity.com](mailto:volunteer@sewingforcharity.com)
- Post on our Facebook page or send a private message (PM). Search "Sewing for Charity Australia Volunteers"
- If you're already in the Facebook group, PM or tag one of our friendly Admins (Select "Members>Admin" for a list)
- Call Cass on 0498 213 410