

Sewing
FOR CHARITY
AUSTRALIA

Project Sheet

QUILTS

WHY ARE THEY NEEDED?

Quilts are more than fabric and thread – they're a gift of love, comfort, and dignity for someone in need. They celebrate milestones like 100 days of life in NICU wards and provide warmth and security to people of all ages facing hardship, whether escaping domestic violence, experiencing homelessness, or beginning again as a refugee.

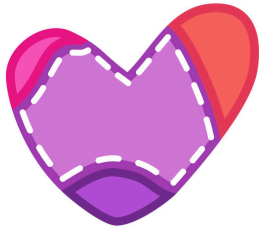
One hospital requests 10 quilts each month for their palliative care unit, where families are gifted these quilts as treasured keepsakes. In foster care, children are often able to choose their own quilt to keep – a small but powerful way to give them ownership and comfort. For a child being relocated with very few belongings, receiving a quilt that is beautifully made and truly theirs can bring immense reassurance in a difficult time.

WHAT MATERIALS DO I USE?

From newborns to aged care residents – babies, children, men and women – every quilt is valued. Choose any colours, patterns, and sizes you like. The only thing we ask is to avoid fabrics with unsuitable imagery, such as war-related prints.

I HAVE AN INCOMPLETE QUILT. CAN I DONATE THIS?

Absolutely! Quilts are welcome at any stage of the making process. Even if they're incomplete, our wonderful volunteers will lovingly finish them before passing them on to a charity in need.



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PATTERN/ TUTORIAL

We will accept anything suitable that you've lovingly made, here are some that we get regular requests for:

- Palliative Care Quilts – Use thin wadding (max. 1cm) so they're lightweight. Size approx. 1m x 1.5m (to fit a single bed). These quilts are later gifted to the family as a keepsake.
- Aged Care Lap Quilts – Smaller quilts for residents, with the option of adding a hand-warming pocket.
- Baby Quilts – Cot size or playmat size (approx. 1m x 1m). Perfect for little ones to snuggle or play on.
- Kids Quilts – Single bed size, made with love and fun children's fabrics. These bring comfort to kids in hospital, foster care, or escaping DV.
- Single Bed Quilts – Versatile quilts that brighten hospital wards, provide warmth for teens in foster care, support someone escaping DV, or help make an aged care room feel more like home.
- Neonatal "100 Day" Quilts – Approx. 80cm x 120cm, celebrating 100 days in NICU. Please include the number "100" embroidered or added with vinyl in the design (see inspiration from [Life's Little Treasures](#)).

HOW TO GET DONATIONS TO SFCA

Thanks for being part of our amazing volunteer crew! Your kindness makes a big difference. Please add a quick label with type, size & project to your donation – it makes sorting a breeze!

MAIL TO: 38 Bladensburg Drive, Waterford QLD 4133

DELIVER TO: The Sewing Lair Beenleigh or Moorooka during opening hours