



Sewing
FOR CHARITY
AUSTRALIA

Project Sheet

PORTACATH PILLOWS

WHY ARE THEY NEEDED?

A Portacath (or Port) is a surgically implanted tube in the chest area used for ongoing medical treatments, such as chemotherapy. Portacath Pillows are designed to attach to the seatbelt and cushion the area, helping to prevent irritation, pressure, or pain caused by the belt rubbing against the site.

WHAT SUPPLIES DO I USE TO MAKE THEM?

- 100% Cotton fabric (less irritating for the skin)
- Fibrefill or similar (new)
- Sew in hook & loop tape
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Consider a range of patterns and colours that suit men, women, and gender-neutral preferences.

Please choose fabrics that spread kindness and comfort. We ask you to avoid prints with war, violence, alcohol, gambling or family themes so every item we make feels safe and uplifting for the people who receive them. Think fun, colourful prints, plain fabrics and everything in between.



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PORTA CATH PILLOWS

PATTERNS/ TUTORIALS

This tutorial from Create to Donate is a great resource and is our preferred pattern.

[Click here for the Create to Donate Port Pillow Tutorial](#)

For those who just need the basic sizing:

- 7" x 4" cotton fabric x 2 pieces
- 3.5" piece of hook & loop x 2



HOW TO GET DONATIONS TO SFCA

Thanks for being part of our amazing volunteer crew! Your kindness makes a big difference. Please add a quick label with type, size & project to your donation – it makes sorting a breeze!

MAIL TO: 14/20-22 Ellerslie Rd Meadowbrook QLD 4131

DELIVER TO: Above address or [The Sewing Lair Beenleigh or Moorooka](#) during opening hours